Senior (55+) Drop-in Programming (Jan - April 2024)

All senior drop-in programs have an activity fee of \$1.00 for members and \$2.00 for non-members, unless otherwise specified. Specialty programs will be at an additional cost. Scheudle is subject to change at any time. Visit king.ca/seniors or call 905-833-6565 for more information on senior memberships, trips and

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DROP-IN PICKLEBALL \$2.00 / 55+ Participant	Beginner & Int./Adv. 6:00pm – 10:00pm Kettleby Public School 1 Court - Beginner 1 Court - Int./Adv. 16 Max Participants EXCIUSION: MAY 20 Open Play 6:00pm – 8:00pm King City Secondary School 2 Courts 16 Max Participants EXCLUSION: MAY 20	Beginner & Int./Adv. 6:00pm - 8:00pm King City Public School 2 Courts - Beginner 1 Court - Int./Adv. 20 Max Participants For more information on pickleball drop-in's visit king.ca/dropinprograms	Open Play & Int./Adv. 6:00pm – 8:00pm Nobleton Public School 3 Courts - Open Play 1 Court - Int./Adv. 32 Max Participants	Beginner Pick King City Public Scho #20932 08-Apr- #20933 09-Apr- Nobleton Public Scho #20934 Apr-10- #20935 08-Apr-24 - 10-Jun-24 - King Cit #20936 08-Apr-24 - 10-Jun-24 - King Cit #20936 08-Apr-24 - 10-Jun-24 - King Cit	
KING CITY SENIORS CENTRE	Mobility Matters 10:00am-11:00am 11:00am-11:45am Music & Movement 12:30pm-1:15pm Cribbage 1:30pm-4:00pm Knitting/Crochet 1:30pm-4:00pm	Line Dancing 9:30am-11:00am Bid Euchre 1:00pm-4:30pm	Mobility Matters 10:00am-11:00am 11:00am-11:45am Bridge/Board Games 1:00pm-4:00pm	Gentle Motion 9:30am-11:00am Carpet Bowling 1:00pm-4:00pm	Art Class (2nd and 4th Friday) 9:00am-11:00am \$11 fee Progressive Euchre 1:00pm-4:30pm
NOBLETON ARENA	Mobility Matters - Free 1:00pm – 1:45pm			Presentations/Workshops 10am-12pm May 2: Computer Workshop II May 9: Osteoporosis May 16: Rock Painting	Mobility Matters 1:00pm – 1:45pm
TRISAN CENTRE	Mobility Matters 2:15pm - 3:00pm			Carpet Bowling 1:00pm-3:00pm Presentation/Workshop May 23: Cookie Decorating	Mobility Matters 2:15pm – 3:00pm
	Walk and talk on the indoor track from 9:00am - 10:00am (Mon - Sun) This time is designated as a free walking time on the track for seniors use only.				
SCHOMBERG HALL	Presentation /Workshop May 13: Ice Cream Social	Bridge 1:00pm-3:30pm			
55+ Shinny & Public Skate	55+ Shinny and free public skating available for 55+ at various locations and times. Visit king.ca/dropinprograms for more information.				



SATURDAY

SUNDAY

klebll Leagues

bool (8:00pm - 10:00pm) br-24 - 10-Jun-24 br-24 - 11-Jun-24 **bool (8:00pm - 10:00pm)** L0-24 - 12-Jun-24

<u>Learn to Play I</u> City Public School (6:00pm - 7:00pm) City Public School (7:00pm - 8:00pm)

with Elevation Athletics. For more information wnshipofking.perfectmind.com

UPCOMING EVENTS

Computer Workshop II May 2, 10am - Nobleton Arena

Osteoporosis - How to Prevent Falls May 9, 10am - Nobleton Arena

Hearing Canada Presentation May 10, 10am - King City Seniors Centre

Ice Cream Social May 13, 2pm - Schomberg Community Hall

Rock Painting for your Garden with Angela Del Borrello May 16, 10am - Nobleton Arena

How to Make your Home Safe May 17, 10am - King City Seniors Centre

Elder Abuse - Frauds, Scams, & Financial Abuse May 23, 10am - Nobleton Arena

Cookie Decorating with Liz the Cookie Duchess May 23, 10am - Trisan Centre

> Retirement Consultant May 27, 10am - Pottageville Pavillion