

Senior (55+) Drop-in Programming (April - June 2023)



All senior drop-in programs have an activity fee of \$1.00 for members and \$2.00 for non-members, unless otherwise specified. Specialty programs will be at an additional cost. Schedule is subject to change at any time. Visit king.ca/seniors or call 905-833-6565 for more information on senior memberships, trips and programs.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DROP-IN PICKLEBALL \$2.00 / 55+ Participant	Open Play 7:00pm - 9:00pm Schomberg Public School 1 Court 10 Participants Max Open Play 6:00pm - 8:00pm King City Secondary School 2 Courts 16 Participants Max	Beginner & Int./Adv. 6:00pm – 8:00pm King City Public School 2 Courts - Beginner (2.75 & below) 1 Court - Int./Adv. (3.0 & above) 24 Max Participant Beginner & Int./Adv. 8:00pm - 10:00pm King City Public School 2 Courts - Beginner (2.75 & below) 1 Court - Int./Adv. (3.0 & above) 24 Max Participants	Open Play & Int./Adv. 7:15pm – 10:00pm Nobleton Public School 3 Courts - Open Play 1 Court - Int./Adv. (3.0 & above) 32 Max Participants	Beginner & Int./Adv. 6:30pm – 8:15pm King City Public School 2 Courts - Beginner (2.75 & below) 2 Court - Int./Adv. (3.0 & above) 32 Max Participant Beginner & Int./Adv. 8:15pm - 10:00pm King City Public School 2 Courts - Beginner (2.75 & below) 2 Court - Int./Adv. (3.0 & above) 32 Max Participants	Pickleball drop-ins at the school will end the week of June 12th. COMING SOON - NEW! Indoor pickleball courts on the ice pad floors at King City Arena and Nobleton Arena. A total of 6 courts at each location. Drop-in Schedule will be updated once dates and times are finalized.	Open Play 9:30am - 11:30am King Township Municipal Centre 3 Courts 16 Max Participants
	Beginner 2.75 and below: Geared to players who have learned the skills and now want to play games. Intermediate/Advanced: For levels 3.0 and above. Open Play: All levels welcome. Pickleball Court Designations: Based on the discretion of the drop-in program monitor, designated court levels may change based on participant skill levels at the time of the drop-in attendance. Rotations will be organized by the drop-in program monitor for the beginner and open play. For a guideline of individual's level of play, please visit pickleballontario.org/whats-my-rating/ . Participants are required to bring their own racquets and paddles to pickleball & badminton					
55+ SKATING & SHINNY	55+ Shinny* 11:30am - 12:20pm Trisan Centre Apr 1 to Jun 30	55+ Skate - Free 11:00am - 11:50am Trisan Centre Apr 1 to Jun 30	55+ Skate - Free 11:00am - 11:50am Trisan Centre July 2 to Sept 4	*55+ Shinny is \$6.00/Skater, Goalies Free. Please refer to public skate schedule for most up to date schedule and exclusion dates king.ca/dropinprograms		55+ Workshops What Causes Alzheimer's and Ways to Avoid It Presented by: Alzheimer's Society Date: Wednesday, May 24 Time: 11:00am Location: Nobleton Arena Elder Abuse Awareness, Anti Fraud, Anti Scams in Our Neighbourhoods All about Power of Attorney - when your adult kids ask for one Presented by: Safety Seniors in Ontario Date: Thursday, June 1 Time: 10:00am Location: Nobleton Arena Healthy Aging Presented by: Vaughan Health Centre Date: Thursday, June 8 Time: 10:00 am Location: Nobleton Arena
KING CITY SENIORS CENTRE	Mobility Matters 9:00am – 9:45am 10:00am - 10:45am 11:00am – 11:45am Music and Movement 1:00pm Exclusion Date: May 22 (all programs)	Line Dancing 9:30am Bid Euchre 1:00pm Device Advice 1:00pm – 2:00pm KC Library - Study Room 1	Mobility Matters 9:00am – 9:45am 10:00am - 10:45am 11:00am – 11:45am Bridge 1:00pm	Gentle Motion 9:30am Carpet Bowling 1:00pm	Art Class (every 2nd and 4th Friday of the month) 9:30am Progressive Euchre 1:00pm	
NOBLETON ARENA	Euchre 10:30am – 12:00pm Bingo 1:30pm – 3:30pm Outdoor Bocce 10:00am – 12:00pm & 1:00pm – 3:00pm *Weather Permitting	Mobility Matters - Free 1:00pm – 1:45pm	Walking Group - Free 10:00am Tasca Park	Darts and Board Games (Chess, Cards, Scrabble & more) 10:30am – 12:00pm	Mobility Matters - Free 1:00pm – 1:45pm	
TRISAN CENTRE		Mobility Matters - Free 2:15pm 3:00pm 3:00pm – 3:45pm		Carpet Bowling 1:00pm – 3:00pm	Mobility Matters - Free 2:15pm 3:00pm 3:00pm – 3:45pm	
Walk and talk on the indoor track from 9:00am - 10:00am (Mon - Sun) This time is designated as a free walking time on the track for seniors use only.						