GUIDE TO SAFER SHOPPING DURING COVID-19

As more retail stores begin to re-open, you may have questions about how to make your shopping trips safer. Here are some tips to keep in mind for your next shopping trip.



Practice physical distancing by staying 2-metres away from others

Wear a two-layer face mask or covering when inside public spaces

Shop alone where possible – don't bring family or try to meet up with friends – fewer people in store makes it easier to physically distance

Be organzied. Have a list and complete your shopping as quickly as possible

Follow store signs, floor markers and directional arrows – ask for help if you are unsure

Avoid touching your eyes, nose or mouth





Don't linger and avoid touching items you are not going to take

Be patient as you may have to wait in line

Use contactless payment where possible

Wash your hands thoroughly or use an alcohol-based hand sanitizer after exiting the store

If you wear gloves, discard them appropriately and perform hand hygiene after removal

Do not litter – if you use a disposable mask or gloves, throw them out in a lined garbage bin

The best way to stop the spread of COVID-19 is to practice physical distancing and good hand hygiene.



