



***King is Hiring***  
**Senior Fitness Instructor**  
*Part-Time*

King Township is an idyllic countryside community of communities, proud of its rural, cultural, and agricultural heritage. We are respected for treasuring nature, encouraging a responsible economy, and celebrating our vibrant quality of life. As an organization, we are focused making life better in King, and enriching the lives of all those who live, work, and visit King Township by providing quality services and experiences.

Reporting to the Supervisor of Active Living & Aquatics, the Senior Fitness Instructor is responsible for the following:

- Prepare and deliver 55+ fitness classes while adhering to the mandatory industry standards.
- Deliver instruction to participants with a wide variety of skills levels.
- Maintain the confidentiality of all participants, citizens of the public and township staff.
- Ensure there is a safe and clean setting for each class and confirming that equipment is properly put away after each class.
- Proper diffusion of escalated or emergency situations with proper paperwork (i.e. incident reports) and follow-up to the recreation supervisor.
- Ensure health and safety/departmental policies and procedures of the facility are followed by staff and participants.
- Deal with incidents, problems and emergencies as outlined by departmental policies and procedures.
- Deal courteously and effectively with the general public, staff and other departments.
- Follow and practice the HIGH FIVE® – Principles of Healthy Child Development (Participation, Play, Mastery, Friends, and Caring Adult).
- Other duties and responsibilities as assigned.

The successful applicant will possess:

- Must have (1 year) fitness class instructing experience.
- Valid First Aid, CPR-C and WHIMS certification/training.
- Certified as a Fitness Instructor or other specialty certification (i.e. Zumba, Spin, Yoga).
- HIGH FIVE® Principles of Healthy Child Development (PHCD) is considered an asset.
- Senior Fitness Instructor Certification is considered an asset.
- Strong organizational skills (both oral and written) with the ability to communicate with all levels of staff, stakeholders and the general public.
- A team player with excellent interpersonal skills and the ability to coordinate with other departmental staff.
- Required to submit a vulnerable sector screening.

Conditions of Employment:

- Required to work in facilities within the Township of King.
- Required to have flexible hours (i.e. early morning/evening and/or weekends).
- Must be legally authorized to work in Canada.



Salary Range/Wage Rate: \$30.00 - \$40.00 per hour  
Classification: Non-Union, Part-Time

**Vacancy Disclosure:**

This posting is intended to fill an existing vacancy.

Qualified candidates are requested to forward their resume to [hr@king.ca](mailto:hr@king.ca) by **4:30 pm on April 28, 2026,**

Or to Human Resources at 2585 King Road, King City, Ontario, L7B 1A1

Please visit [king.ca/employment](http://king.ca/employment) for full job description.

*We thank all applicants and advise that only those selected for an interview will be notified.*

*Personal information (PI) is collected under the authority of the Municipal Act, 2001, S.O. 2001, c.25 and will be used to facilitate the hiring and recruitment process. Personal information (PI) will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA). Questions about the collection of personal information (PI) should be directed to the Human Resources Department, 2585 King Road, King City, L7B 1A1 or (905) 833-5321.*

*We are an Equal Opportunity Employer. In accordance with the [Accessibility for Ontarians with Disabilities Act, 2005](#), the Integrated Accessibility Standards Regulation 191/11 (IASR), and the Ontario Human Rights Code, the Township of King will provide accommodations throughout the recruitment, selection and/or assessment process to applicants with disabilities. If selected to participate in the recruitment, selection and/or assessment process, please inform Township Human Resources staff of the nature of any accommodation(s) that you may require in respect of any materials or processes used to ensure your equal participation.*