

King is Hiring
Personal Trainer
(Contract, Seasonal)

King Township is an idyllic countryside community of communities, proud of its rural, cultural, and agricultural heritage. We are respected for treasuring nature, encouraging a responsible economy, and celebrating our vibrant quality of life. As an organization, we are focused making life better in King, and enriching the lives of all those who live, work, and visit King Township by providing quality services and experiences.

Reporting to the Lead Hand – Active Living, the Personal Trainer is responsible for the following:

- Organization and delivery of one-on-one and small group training to participants.
- Instructing these specialized programs in a way that is motivating, educational, and engaging for each participant.
- Trainers are responsible for the arrangement of sessions, communicating with clients directly, booking appointments, and follow-ups when necessary.
- Supervision of each participant to ensure they are exercising in an atmosphere that is safe and pleasant.
- Proper diffusion of escalated or emergency situations as outlined by departmental policies and procedures with proper paperwork completion (i.e. incident reports) and follow-up to the recreation supervisor.
- Ensure health and safety/departmental policies and procedures of the facility are followed by staff and participants.
- Maintain the confidentiality of all participants, citizens of the public and township staff.
- Other duties and responsibilities as assigned.

The successful applicant will possess:

- Valid Personal Training Certification (CanFit Pro, ACSM, CPTN, NSCA or equivalent)
- At least six months of personal training experience.
- Valid First Aid, CPR-C and WHIMS certification/training.
- HIGH FIVE® Principles of Healthy Child Development (PHCD) is considered an asset.
- Strong organizational skills (both oral and written) with the ability to communicate with all levels of staff, participants and the general public.
- Exceptional customer service provided through interactions with a diverse population.
- A team player with excellent interpersonal skills and the ability to coordinate with other departmental staff.
- A post-secondary degree in Kinesiology or Fitness and Health Promotion is considered an asset.
- Required to submit a vulnerable sector screening to the Town.

Conditions of Employment:

- Required to work in facilities within the Township of King
- Required to have flexible hours (i.e. early morning/evening and/or weekends)
- Must be legally authorized to work in Canada.

Salary Range: \$26.00 - \$30.00 per hour

Qualified candidates are requested to forward their resume to hr@king.ca by **4:30 pm on August 8, 2025**
Or to Human Resources at 2585 King Road, King City, Ontario, L7B 1A1



Please visit www.king.ca for full job description.

We thank all applicants and advise that only those selected for an interview will be notified.

Personal information (PI) is collected under the authority of the Municipal Act, 2001, S.O. 2001, c.25 and will be used to facilitate the hiring and recruitment process. Personal information (PI) will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA). Questions about the collection of personal information (PI) should be directed to the Human Resources Department, 2585 King Road, King City, L7B 1A1 or (905) 833-5321.

We are an Equal Opportunity Employer. In accordance with the [Accessibility for Ontarians with Disabilities Act, 2005](#), the Integrated Accessibility Standards Regulation 191/11 (IASR), and the Ontario Human Rights Code, the Township of King will provide accommodations throughout the recruitment, selection and/or assessment process to applicants with disabilities. If selected to participate in the recruitment, selection and/or assessment process, please inform Township Human Resources staff of the nature of any accommodation(s) that you may require in respect of any materials or processes used to ensure your equal participation.