



THE CORPORATION OF THE TOWNSHIP OF KING JOB DESCRIPTION

JOB TITLE: Personal Trainer	CLASSIFICATION: Part-Time, Seasonal
DEPARTMENT: Community Services	SALARY LEVEL: \$28.00/hour
LOCATION: 2585 King Road, King City	

JOB PROFILE:

Function:

Under the direction of the Recreation Services Supervisor, the Personal Trainer is responsible for delivering specialized exercise instruction to participants and ensuring that these programs are engaging, specific to clients' goals, and delivered in accordance to industry standards.

Reports to:

- Recreation Services Supervisor

Supervision Responsibilities:

- None.

Duties and Responsibilities:

- Organization and delivery of one-on-one and small group training to participants.
- Instructing these specialized programs in a way that is motivating, educational, and engaging for each participant.
- Trainers are responsible for the arrangement of sessions, communicating with clients directly, booking appointments, and follow-ups when necessary.
- Supervision of each participant to ensure they are exercising in an atmosphere that is safe and pleasant.
- Proper diffusion of escalated or emergency situations as outlined by departmental policies and procedures with proper paperwork completion (i.e. incident reports) and follow-up to the recreation supervisor.
- Ensure health and safety/departmental policies and procedures of the facility are followed by staff and participants.
- Maintain the confidentiality of all participants, citizens of the public and township staff.

- Deal courteously and effectively with the general public, staff and other departments.
- Staff will follow and practice the HIGH FIVE® – Principles of Healthy Child Development (Participation, Play, Mastery, Friends, and Caring Adult).

Education/Experience:

- Personal Training Certification (CanFit Pro, ACSM, CPTN, NSCA or equivalent).
- At least six months of personal training experience.
- Valid First Aid, CPR-C and WHIMS certification/training.
- HIGH FIVE® Principles of Healthy Child Development (PHCD) is considered an asset.
- Strong organizational skills (both oral and written) with the ability to communicate with all levels of staff, participants and the general public.
- Exceptional customer service provided through interactions with a diverse population.
- A team player with excellent interpersonal skills and the ability to coordinate with other departmental staff.
- A post-secondary degree in Kinesiology or Fitness and Health Promotion is considered an asset.
- Required to submit a vulnerable sector screening to the Town.

Conditions of Employment:

- Required to work in facilities within the Township of King
- Required to have flexible hours (i.e. early morning/evening and/or weekends)

Application Process:

Qualified candidates are requested to forward their resume to:

Email: hr@king.ca

Mail: Human Resources 2585 King Rd. King City, ON L7B 1A1.

Please include the name of the position you are applying as well as your availability in your application (start/end date).

Posting closes when the position has been filled.

Department Head: _____

Date Approved: _____

Supervisor (if applicable): _____

Date Approved: _____

Incumbent: _____

Date Signed: _____